



Osteo-Nutrients II

Ideal For

- Adults with osteopenia or mild osteoporosis ⁷
- Postmenopausal women ⁵⁻⁷
- Individuals with low dietary calcium or magnesium intake ³
- Athletes needing mineral support for recovery and performance ²⁻⁶
- Men diagnosed with concurrent mild osteoporosis and testosterone deficiency or sedentary lifestyle ⁵⁻⁷
- Cardiovascular risk patients needing safe calcium support ⁴

“The Smarter Calcium Formula - Absorption, Activation, Protection.”

† Made in USA
by Vital Nutrients (as premix)

What Is Osteo-Nutrients II?

A scientifically formulated dietary supplement designed to support bone density, mineral metabolism, and cardiovascular safety. It combines highly bioavailable forms of calcium, magnesium, vitamin D3, vitamin K2-7 (MK-7), boron, and supportive cofactors to optimize skeletal health and reduce arterial calcification risk.

Safety & Usage Guidance

- Admin & Dosage: 2 capsules daily with meals
- Monitor calcium intake in renal-compromised individuals
- Divide dose if gastrointestinal sensitivity occurs
- Packaging: 60 vegetarian Capsules

Physician Advisory: Evaluate patient history for anticoagulant or other blood thinners use, pregnancy, breastfeeding, or CKD before recommending Osteo-Nutrients II

American
Quality



Scientifically Balanced Formula

Ingredient	Dose(per 2 Caps)	Mechanism & Clinical benefits
Calcium (as Carbonate + Citrate/Malate)	500 mg (1465 mg compound)	Builds bone matrix; carbonate offers high elemental content, citrate/malate improve absorption and reduce kidney stone risk ¹
Magnesium (as Oxide + Citrate)	250 mg	Enhances calcium absorption, supports muscle and nerve function; citrate form improves bioavailability ²
Vitamin D3 (Cholecalciferol)	12.5 mcg (500 IU)	Facilitates calcium uptake and bone mineralization ³
Vitamin K2-7 (MK-7)	25 mcg	Activates osteocalcin and MGP; directs calcium to bones, prevents arterial calcification ⁴
Boron (as boron Citrate)	1.5 mg	Regulates calcium/magnesium metabolism, supports estrogen and testosterone balance, reduces inflammation ⁵⁻⁸
L-Lysine	50 mg	Supports collagen synthesis and bone matrix integrity ⁶
Horsetail Extract	50 mg	

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Info & Reference

